

Children of Chernobyl Humanitarian Aid List

As you prepare to pack the suitcases for the child's return, below are some items that the children and their families can use. When appropriate, include translation for usage.

CLOTHING

Clean, good quality clothing is urgently needed. Because the cold seasons are by far the longest, warm clothing is best: wool socks, sweaters, jackets and coats for men, women and children and baby's clothing. Shoes and boots (leather and rubber) are also very much needed.

FOOD

Flour, sugar, hot chocolate mix, peanut butter, rice, dried potato flakes, pastas, dried beans, peas, lentils, barley, Cream of Wheat and other hot or cold cereal.

**Tea, ice tea mixes w/lemon, Tang, Cool-Aid (no canned sodas), Sugarless gum

Dried fruit, nuts, raisins, dried prunes

Baby food and formulas (soy bean formula is in great demand)

HYGIENE ITEMS

**Toothbrushes and toothpaste

**Razors, shaving cream and lotion

**Soap and shampoo

Tissues, disinfectant hand wipes

Bath and hand towels, Hair curlers and hair pins, bows, Hair brushes and combs

HOUSEHOLD ITEMS

Blankets

Shower and window curtains

Dish towels, cloth and scrub pads

Pots and pans, Silverware and table knives

**Potato & Vegetable peelers

Plastic grocery bags (new and used)

Antibacterial soap and laundry powder

**Zip Lock Bags

TOOLS

**Basic tool sets for general repair, Simple garden tools and gloves

TOYS

**Toys for all ages of children,

**sports equipment (balls)

PET SUPPLIES

**Advantage products for flea control, collars & name tags, leashes, dry food for small pets (hamsters, birds, rabbits & fish), Fly wipe for horses (Available at some Petco & Petsmart locations)

SCHOOL AND OFFICE SUPPLIES

**Coloring books and crayons (non toxic)

**Loose-leaf paper and binders

**Magic markers, pens, pencils & erasers

**Pencil sharpeners

**Notepaper & writing paper

**College ruled notebooks

**Paperclips, staplers, scotch tape, gluestick
Painting & drawing materials. (paper, brushes & paint etc.)

MUSICAL INSTRUMENTS

Any instrument which can be easily packed for shipment

MEDICAL SUPPLIES

Eyeglasses and frames (new and used), reading glasses available at local pharmacy

Crutches, canes, walkers

**Vitamins & fever reducers

**Arthritis medicine and ointments

**Hot water bottles, Band-Aids. Bandages

MISCELLANEOUS

**Mosquito repellent

**Sunscreen

**Backpacks for all ages

**Pantyhose (sheer and opaque)

**Long warm stocking for the Babushkas

Warm woolen scarves, hats and gloves

**Thermal underwear

Thread, yarn, embroidery thread

**Sewing material (remnants and scraps)

**Loose buttons, zippers, etc.

Knitting needles (all sizes)

**Simple calculators with large numbers

Colorful scarves and kerchiefs

**** denotes specially needed items**